



# Unitarian Universalist Congregation of Saratoga Springs

Rev. Joseph Cleveland, Minister

**Creating a community of love for justice and peace**

*The Unitarian Universalist Congregation of Saratoga Springs is a Welcoming Community that embraces people of any age, race, gender identity, sexual orientation, class, ability, language, or cultural background.*

## **A Wellspring of Stories with Maggie Fronk**

Sunday, January 26, 2025 at 10am

*"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has." -Margaret Mead*

### **CHIMES & WELCOME**

**PRELUDE** "Preamble to Carnavale" by Robert Schumann Op 9

**LIGHTING THE CHALICE** Words of by Rev. Sandra Fees

**\*OPENING HYMN** No. 360, Here We Have Gathered

### **\*OUR COVENANT**

*Love is the doctrine of this faith,  
The quest for truth is its sacrament,  
And service is its prayer.  
To dwell together in peace,  
To seek knowledge in freedom,  
To serve human need,  
To the end that all souls shall grow into harmony  
with the Divine—  
Thus do we covenant with one another and love  
beyond belief.*

### **\*AFFIRMATION OF FAITH** No. 1058

*Be ours a religion  
which like sunshine goes everywhere,  
its temple all space, its shrine the good heart,  
its creed all truth, its ritual works of love.*

**STORY** Saturday at the Food Pantry by Diane O'Neill

### **CHILDREN'S RECEPTIONAL**

Words & Music by Thomas Benjamin  
*For we shall go out in joy (2x)  
And come back in peace (2x)  
Blessed be.*

### **RESPONSIVE READING**

Words of Rev. Tet Galardo  
*"When I change the world changes with me"*

**A WELLSPRING OF STORIES** with Maggie Fronk

### **A TIME FOR GRATITUDE & GENEROSITY**

**Offertory Music** "Intermezzo" by Brahms Op 76

When you text (518-333-9140), use the QR code or go online ([bit.ly/give2uusaratoga](http://bit.ly/give2uusaratoga)) to donate, please be sure to select the appropriate fund for your donation.

Any donation made to the Give Away the Plate fund **THIS SUNDAY is to Wellspring.**



**PRAYER** Words of Rev. Lisa Friedman

### **SHARING OF JOYS & SORROWS**

**Stones & Water Ritual Hymn**

No.86, Blessed Spirit of My Life

(To share a Joy or Sorrow, please email the Care Team at [careteam@uusaratoga.org](mailto:careteam@uusaratoga.org))

### **Prayers of the People**

Response: *There is a love holding you.*

Closing Response:

*Leader: May we all know that we are not alone  
as we hold one another in our hearts.*

*All: There is a love holding us.*

*There is a love holding you.*

*There is a love holding all.*

*We rest in this love.*

## CLOSING WORDS

Words of Rev. Mark Morrison-Reed

## \*CLOSING HYMN

No. 34, Though I May Speak With Bravest Fire

## \*BENEDICTION

## \*EXTINGUISHING THE CHALICE

words of Elizabeth Selle Jones

*We extinguish this flame,  
but not the light of truth,  
The warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.*

## ANNOUNCEMENTS

### PASSING OF THE PEACE

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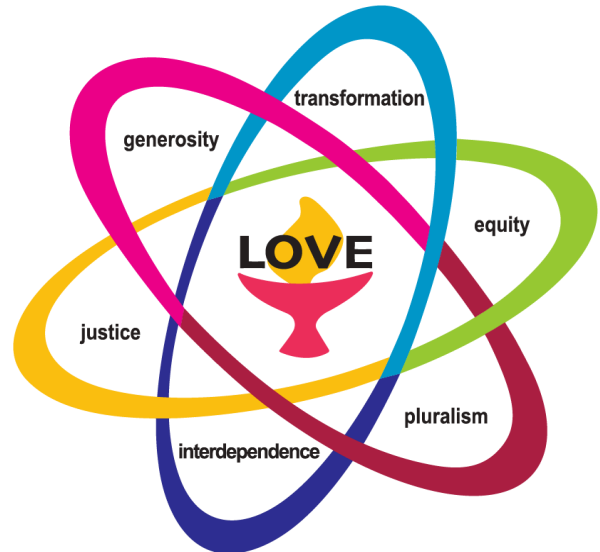
#### Service Participants

Maggie Fronk, Guest Speaker  
Laurie Singer, Worship Team  
Marian Bigelow, Care Team  
Dan Forbush, Board Member

#### *Thanks also to:*

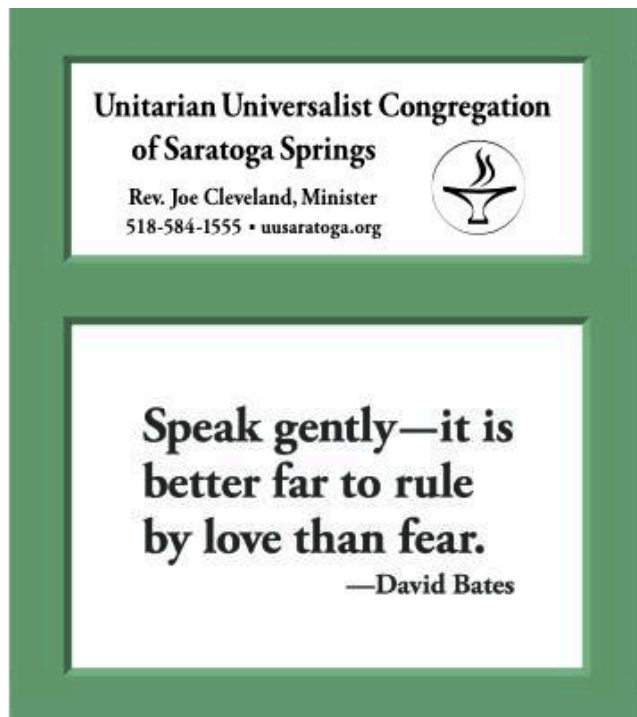
Our Hospitality Team & our Tech Support Team

## UU Shared Values



graphic by Tanya Webster (chalicedays.org)

We extend a warm welcome to all who worship here today, especially those who are visiting for the first time. Please join us in the back of the sanctuary for refreshments and conversation following the service. We hope this community can be a place of meaning, inspiration, celebration and joy for you and your family.



To learn more about Wellspring, visit their website at <https://www.wellspringcares.org/>

#### UU Saratoga Staff

Rev. Joe Cleveland, Minister  
Juliana Bodensieck, Congregational Administrator  
Jamie Gargano, Director of Religious Exploration  
Kayleigh Goossens, RE Assistant  
Lucy Altman-Coe, RE Assistant  
Judith Thomas, Music Director  
Carol Ann Elze, Choir Director

\*Indicates an invitation to rise in body or spirit

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[www.uusaratoga.org](http://www.uusaratoga.org)

Member directory: [uusaratoga.breezechms.com](http://uusaratoga.breezechms.com)