

Unitarian Universalist Congregation of Saratoga Springs



Soon to be our new home, 400 Loudon Road

Peace Is A Choice

Sunday, March 8, 2026

CHIMES, ANNOUNCEMENTS AND WELCOME

PRELUDE

“Peace Somehow,” by Avi Kaplan

LIGHTING THE CHALICE

The Words of Mary Cae Asay

We light this chalice for the peace seeker in each of us.

To choose the soul’s desire and impulse for peace,

We must transform peace from a quiet wish into active practice.

Let us choose to live daily in the quiet power of peace

As our interwoven rays build momentum.

OPENING HYMN

No. 90, From All the Fret and Fever of the Day

OUR COVENANT

Love is the doctrine of this faith,

The quest for truth is its sacrament,

And service is its prayer.

To dwell together in peace,

To seek knowledge in freedom, to serve human need,

To the end that all souls shall grow into harmony with the Divine.

Thus do we covenant with one another and love beyond belief.

AFFIRMATION OF FAITH

*Be ours a religion which like sunshine goes everywhere,
Its temple all space, its shrine the good heart,
Its creed all truth, its ritual works of love*

STORY FOR ALL AGES

Cherokee Legend

CHILDREN'S RECESSIONAL

*For we shall go out in joy
And come back in peace
Blessed be.*

REFLECTION

MEDITATION

"Imagine," by John Lennon

OFFERING

Offertory Music: The Waldstein Sonata #21 (excerpt)
by Beethoven

The Give Away the Plate Recipient for March is Saratoga Pride

STONES AND WATER RITUAL

Music: "We Walk for Peace," by Sy Long

JOYS AND SORROWS

*All: There is a love holding us,
There is a love holding you,
There is a love holding all.
We rest in this love.*

READING

Excerpt from *Intimate Invitation*, by David White

I just have to look
and I see,
I just have to listen
and I hear,
I need only
the slightest desire
for anything
to find,
it has already
been met,
right at the center
of my body.

CLOSING HYMN

No. 1008, When Our Heart Is in a Holy Place

BENEDICTION

The Words of Dennis Merritt Jones

“As I align myself with Infinite Presence, I am naturally lifted above the plane of duality where there is no time and space, no here and there, only the present moment where fear of loss cannot exist. I transcend the fear of uncertainty by locating and living from that place in my mind and heart, wherein the Divine Creative Urge continually nudges me and I heed its calling knowing that all is well on my mystery trip... all is well.”

EXTINGUISHING THE CHALICE

*We extinguish this flame, but not the light of truth,
The warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.*

Service Participants

Mary Cae Asay, Guest Speaker
Wayne Cochran, Worship Associate
Marian Bigelow, Care Team
Judith Thomas, Pianist

A special thank you to our Tech and Hospitality Teams

Creating a Community of Love for Justice and Peace

The Unitarian Universalist Congregation of Saratoga Springs is a Welcoming Community that embraces people of any age, race, gender identity, sexual orientation, class, ability, language, or cultural background.

We extend a warm welcome to all who worship here today, especially those who are visiting for the first time. Following the service, please join us for refreshment and conversation.

We hope this community can be a place of meaning, inspiration, celebration and joy for you and your family.