

# Unitarian Universalist Congregation of Saratoga Springs



## From The Dream To The Work Of Waking Up

Sunday, January 25, 2026

### CHIMES

### WELCOME AND ANNOUNCEMENTS

### PRELUDE

Make Me A Channel Of Your Peace, words attributed to Saint Francis of Assisi, music of Peter Amidon

### LIGHTING THE CHALICE

The words Rev. Erika Hewitt

*We light this chalice for the dreamers and the doers,  
For those who carry the light of justice in dark times,  
For those who, like Dr. King, saw a world not yet born  
And gave their lives to bring it forth.  
Let this flame kindle in us the same fierce hope and faithful action.*

### \*OPENING HYMN

No. 298, Wake Now, My Senses

### \*OUR COVENANT

*Love is the doctrine of this faith,  
The quest for truth is its sacrament,  
And service is its prayer.  
To dwell together in peace,  
To seek knowledge in freedom,  
To serve human need,  
To the end that all souls shall grow into harmony with the Divine—  
Thus do we covenant with one another and love beyond belief.*

## **AFFIRMATION OF FAITH**

*Be ours a religion which like sunshine goes everywhere, its temple  
all space, its shrine the good heart, its creed all truth, its ritual  
works of love.*

## **STORY FOR ALL AGES**

### **CHILDREN'S RECESSIONAL**

**Words & Music by Thomas Benjamin**

*For we shall go out in joy (2x)  
And come back in peace (2x)  
Blessed be.*

## **MEDITATION**

The Peace of Wild Things by Wendell Berry

## **REFLECTION**

From the Dream to the Word of Waking Up

## **RESPONSIVE READING**

Leader: Human progress never rolls in on wheels of inevitability.

All: *It comes through the tireless efforts of people willing to stay  
awake.*

Leader: We are now faced with the fact that tomorrow is today.

All: *This moment calls for honesty, courage, and care.*

Leader: There is such a thing as being too late.

All: *We choose attentiveness and responsibility now.*

Leader: The time is always right to do what is right.

All: *We commit ourselves to the work of waking up.*

## **COMMUNAL CARE**

**Offertory Music:** No. 1009, Meditation on Breathing- People Get Ready  
The Give Away The Plate Recipient for January is MLK Saratoga

## **SHARING OF JOYS AND SORROWS**

Stones and Water Ritual

**All:** *There is a love holding you.*

**Leader:** May we all know that we are not alone as we hold one  
another in our hearts.

**All:**

*There is a love holding me.*

*There is a love holding you.*

*There is a love holding all.*

*We rest in this love*

## **CLOSING HYMN**

No. 157, Step by Step, The Longest March

## **BENEDICTION**

## **EXTINGUISHING THE CHALICE**

The Words of Elizabeth Selle Jones

*We extinguish this flame, but not the light of truth,  
the warmth of community or the fire of commitment.*

*These we carry in our hearts until we are together again*

## **PASSING OF THE PEACE**

Service Participants:

Melissa O'Brien, Minister

Wayne Cochran, Worship Associate

Tari Lee Muth, Care Team

Carol Ann Elze, Choir Director

A special thank you to our Tech Team and Hospitality Team

## **Creating a Community of Love for Justice and Peace**

The Unitarian Universalist Congregation of Saratoga Springs is a Welcoming Community that embraces people of any age, race, gender identity, sexual orientation, class, ability, language, or cultural background. We extend a warm welcome to all who worship here today, especially those who are visiting for the first time. Following the service, please join us for refreshment and conversation. We hope this community can be a place of meaning, inspiration, celebration and joy for you and your family.