

# Unitarian Universalist Congregation of Saratoga Springs



Our new home- coming soon- 400 Loudon Road

## Out Of The Rabbit Hole

“Resilience is really a secular word for what religion was trying to say with the word faith. Without a certain ability to let go, to trust, to allow, we won’t get to any new place.” – Richard Rohr

Sunday, February 8, 2026

## PRELUDE

“This Little Light of Mine,” (Trad.)

## ANNOUNCEMENTS

## CHIMES AND WELCOME

## LIGHTING THE CHALICE

*May the light of this chalice give light  
and warmth to our community,  
when we are joyful and when we despair.  
And may we feel the warmth spread from our circle  
to wider and wider circles,  
until all know they belong  
to the one circle of life.*

## \*OPENING HYMN

No. 18, What Wondrous Love

## \*OUR COVENANT

*Love is the doctrine of this faith,  
The quest for truth is its sacrament,*

*And service is its prayer.  
To dwell together in peace,  
To seek knowledge in freedom,  
To serve human need,  
To the end that all souls shall grow into harmony with the Divine—  
Thus do we covenant with one another and love beyond belief.*

## **AFFIRMATION OF FAITH**

*Be ours a religion which like sunshine goes everywhere,  
its temple all space, its shrine the good heart,  
its creed all truth, its ritual works of love.*

## **OFFERTORY**

### **STORY FOR ALL AGES**

“The Little Engine That Could” by Watty Piper

### **CHILDREN’S RECESSIONAL**

*For we shall go out in joy (2x)*

*And come back in peace (2x)*

*Blessed be.*

### **ANOTHER STORY**

“A Shift to Humility: Resilience and Expanding the Edge of Change” by Andrew Zolli

## **REFLECTION**

### **ANTHEM**

“I Am Willing,” words and music by Holly Near

## **A PRAYER FOR OUR COUNTRY AND THE WORLD**

### **SHARING OF JOYS AND SORROWS**

Stones and Water Ritual

**All:** *There is a love holding you.*

**Leader:** May we all know that we are not alone as we hold  
one another in our hearts.

**All:**

*There is a love holding me.*

*There is a love holding you.*

*There is a love holding all.*

*We rest in this love*

## **PRAYER FOR RESILIENCE THROUGH CONNECTIONS**

### **CLOSING HYMN** No. 210, Wade In The Water

Service Participants

Rev. John Fisher, Guest Speaker

Richard Wilkinson, Worship Associate

Elizabeth Collins, Care Team

Carol Ann Elze, Choir Director

A special thank you to our Tech Team and Hospitality Team

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### **Creating a Community of Love for Justice and Peace**

The Unitarian Universalist Congregation of Saratoga Springs is a Welcoming Community that embraces people of any age, race, gender identity, sexual orientation, class, ability, language, or cultural background.

We extend a warm welcome to all who worship here today, especially those who are visiting for the first time. Following the service, please join us for refreshment and conversation.

We hope this community can be a place of meaning, inspiration, celebration and joy for you and your family.