
Journey Well

UUSARATOGA

6 March 2026



Our new home-coming Dec 2026- 400 Loudon Road

In this newsletter
you can expect:

Upcoming
Sunday Services

What's
Happening in RE

Upcoming
Events and
meetings

Social Justice
Team News

Committees and
Teams News
Updates

CONCERT DATE CHANGE

The Dan Berggren Concert is
being held on **Friday March 27**.

Doors open at 6:45pm, concert
begins at 7pm. Enjoy refreshments
that will be sold before the
concert and at intermission.

Marian Bigelow has shared some
interesting information including a
GREAT video about End of Life issues.
Check it out inside!

...AND BEST NEWS THIS WEEK: there is
now a GO FUND ME created for your
family and friends to help our New
Home grow and grow!

[CLICK HERE FOR THE
LINK](#)

THE THEME FOR MARCH IS:
PAYING ATTENTION





Peace Is A Choice

Sunday, March 8, 2026 10am

"Peace Is a Choice"

- Peace is not just a thought.
- Peace is not something given to you.
- Peace is not the expectation of how others interact with you.
- Peace is not just a feeling.

Peace is a choice. Peace is an active practice. We can shift the energetic focus of our life from fear to peace by living more presently in Peace. Mary Cae Asay is speaking this week.



We will observe World Poetry Day (3/21) at our service on the 22nd. If you have a favorite poem you'd like to share, please bring it that day.



The RE theme for March is Paying Attention. Last Sunday we talked about the power of paying attention to our impact on others. We used the power of giving compliments to others to demonstrate this action.

This week we will talk about the power of Paying Attention to Inequality. We will also talk about International Women's Day (Sunday, March 8) and use examples of several women who made consequential impacts on society because of the inequalities they observed around them.

We hope to see your small humans on Sunday.

Sue, Julie and Lucy





NEW OFFICE HOURS

Juliana will be in the remote office
*Tuesday through Friday from
9am to 3pm.*

She will likely leave early on
Fridays to accommodate her
allowed amount of hours.

**“I won’t be in the
office on
Wednesday, March
11th, but I will be
working in the
meetinghouse.”
~Juliana**

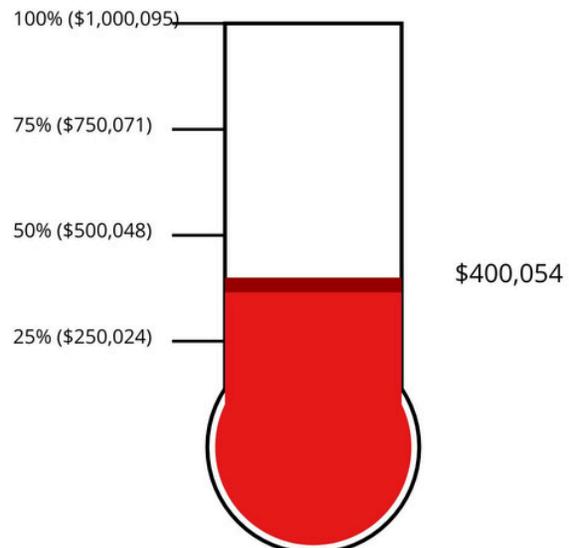
**Remember: you can
call, text, or email the
office anytime, but no
one is manning the
office over the weekend
and Monday.**

**The Hudson-Mohawk cluster will hold its
shared worship service on April 19th at
Schenectady UU. We will be needing 3-5
volunteers to help with greeting, ushers,
coffee, snack clean up, etc. More info in
the coming weeks.**

CAPITAL C AMPAIGN PLEDGE REMINDER!

**In 2024 you pledged toward our Capital Campaign to build the new
meetinghouse. The total amount of pledges received is \$1,000,095.
Statements will be coming to you with your balance remaining.
Thank you for contributing to our NEW HOME.**

NEW HOME PLEDGES
Total Amount Pledged: \$1,000,095
Amount Paid to Date: \$400,054



WATCH THIS THERMOMETER GROW!!!

**We will change the color
so you can watch the
progress!**

Event News

[Click here for the Events Calendar](#)

March 8, 2026 Sunday
10amWorship Service with RE
(In-Person & Online)

March 11, 2026 Wednesday
10amNew Home Task Force meeting

March 11, 2026 Wednesday
7pmBoard of Trustees meeting

March 15, 2026 Sunday
10amWorship Service with RE
(In-Person & Online)

THE GO FUND ME FOR OUR NEW HOME IS LIVE!

This was created as a way to crowdsource funds for building our new meetinghouse... but it will only work if you help us spread the news! You'll find the link on the homepage of this newsletter. Share it: with family, friends, community members, etc! The farther it goes the closer we are to our **NEW HOME!**

CIRCLE SUPPERS ARE BACK

Back by popular demand, the Membership/Hospitality Team is looking for volunteers to host another round of Circle Suppers this Spring.

Here is how it works:

A host or co-hosts offer their home for a meal and conversation. The host provides the main dish, and guests bring the supporting dishes to complete the meal. It's a wonderful way to get to know new people whom you haven't gotten to talk with at coffee hour, or to eat and relax with those you have known for years. Please let Audrey Belt (beltaudrey@gmail.com) or Carolyn Lansberry (carlan55@gmail.com) know if you would like to host a dinner. After we find hosts we will have a sheet with dates in the back of the sanctuary for people to sign up.



Buy A Chair

As a way to honor our beloved Arliss Nygard, you may “purchase” a new chair for our congregation! We have ordered the chairs and will be able to enjoy them within the next month. We are asking you to write a check for \$100, payable to UUSaratoga, with “chair” in the memo line. This will be a loving memorial for Arliss. Please bring your checks this Sunday, and give them to Mike Egerman or any Board member. The Board, and Arliss’s loving husband, Murray, thank you. **As of today, 25 chairs have been “purchased!”**

SHELTERS OF SARATOGA NEEDS YOU!

Requested by Eric and Bev Lawson

Nancy Pitts, 54, froze to death on the steps of the Saratoga Senior Center 12 years ago on December 12 th . You can help prevent a tragedy like this from ever happening again in Saratoga County.

Please join us in supporting the application Shelters of Saratoga for the construction of a permanent Code Blue Facility of Ballston Ave. in Saratoga Springs. A public hearing will take place before the Board pf Supervisors of Saratoga County on March 11, 2026 at 4:40PM. The hearing at the County Legislator’s building at 22 McMaster Street in Ballston Spa will give the public an opportunity to show their support for this critical structure, a place where people can obtain the support and shelter that was so cruelly unavailable for Nancy Pitts in her time of desperate need.



SUSTAINABLE SARATOGA’S ANNUAL TREE PLANTING!
The annual tree planting celebrates Earth Day will happen on April 19. This is a kid friendly event. There will be a sign up sheet in the back of the sanctuary and details will follow soon!

The Care Team is looking for Friends!

The Care Team is one of the intricate woven fabrics of strength that holds our beloved community together. It is a simple way to connect with another human being, showing care and compassion, especially in times of need, urgent or small. Would you like to make a difference in your life by offering a bit of help?

This is a list of current tasks that outlines the requests for help the Care Team most often gets. Please take a look at it, and see if any of these are a good fit for you. If you would like to help, please let us know! We welcome any gift of service!

1. Transportation to church service and back
2. Transportation to church events
3. Transportation to appointments or doctors visits
4. Shopping for groceries
5. Meal preparation
6. Sitting with someone who is ill
7. Writing cards of encouragement
8. Yard work
9. Pet care in emergencies



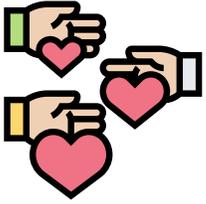
We at the Care Team are grateful for your generosity in time, effort, and spirit. Without you, we could not build the kind of tight community we all feel in our congregation. With your help we can truly “hold one another in our hearts”.

Please email your information or any questions you may have to:

tarilee@gmail.com

Thanks for your help!

Tari Lee Muth, Care Team Chair



FUNDRAISING TEAM NEWS

**Sign up to
attend the
concert on
March 20!**

**Click here for
the form and
payment
options**

THE DAN BERGGREN CONCERT DATE IS NOW MARCH 27!

Tickets for the Dan Berggren will be sold after church on March 8th and 15th for \$20 per person

[Click here to sign up and purchase your tickets!](#)

We are looking for a few people to each donate a bottle of wine for our use at the Dan Berggren concert. We are also looking for bakers who would be willing to make cookies for the concert. Sign up sheets in the back of the sanctuary!

April 18th we will hold our first ever Trivia Night. Stay tuned for more details.

If you have an idea for a fundraiser, please let someone from the Fundraising Team know. Members are Bev Lawson, Kerry Nelson, Carolyn Lansberry, Mary Ann Miller and Loretta Minet.



BOOK GROUP

March's selection is "Kindred" by Octavia Butler. The next meeting is on Monday March 16, 2026 at 6pm.

All book lovers are welcome.

For information, please contact Barbara Egerman at begerman3@gmail.com, or Carolyn Lansberry at carlan55@gmail.com.

Message from Marian,

Not just for the "Old Folks"

We were all rocked by my husband Hal's quick death. As many of you know, I have always been interested in End of Life issues.

I am now energized to do some outreach with our UU community about this issue.

But where does the Not just for the Old Folks come in?

I am including a link to an 18 minute TEDx Stanford Talk.

"A Daughter to Father Heart to Heart with Tom and Jennifer Brokaw"

Jennifer is an ER doctor who questions her dad's idea that he has taken care of what he wants in his "final" days, weeks, months of life.

She even brings up the fact that she had a very serious skiing accident that happened in her 20's.

So, give it 18 minutes...On YouTube, just click the link below

We can gather in the future and talk about it if you want and I know you won't regret it.



[CLICK HERE FOR THE FULL YOUTUBE TEDxTALK](#)

NOTE THE DATE CHANGE FROM THE 20th to the 27th!!!!



DAN BERGGREN

"THE SOUND OF THE ADIRONDACKS"

-BILL MCKIBBEN



MAR 27, 2026

DOORS: 6:45 - SHOW: 7:00



[UUSARATOGA.ORG/DONATE](https://uusaratoga.org/donate)

TICKETS
\$20 IN ADVANCE
\$25 AT THE DOOR

**UNITARIAN UNIVERSALIST
CONGREGATION OF SARATOGA SPRINGS
624 N. BROADWAY**

.....

DAN BERGGREN IS A TRADITION-BASED SONGSMITH WHO WRITES WITH HONESTY, HUMOR, AND A DEEP SENSE OF PLACE. ROOTED IN THE ADIRONDACKS BUT BELOVED ACROSS BORDERS, DAN WEAVES TOGETHER STORIES OF COMMUNITY, HARD-WORKING PEOPLE, AND OUR CONNECTION TO THE LAND. ACCOMPANIED BY GUITAR AND BANJO, THIS **2025 CAPITAL REGION THOMAS EDISON MUSIC HALL OF FAME INDUCTEE** OFFERS A RICH, CALMING VOICE THAT BILL MCKIBBEN CALLS "THE SOUND OF THE ADIRONDACKS."

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Social Justice Team

Please check our UUSaratoga website for more info.

Ongoing: Vigils at the Post Office (corners of Broadway & Lake/Church) Organized by: Indivisible ADK/Saratoga, Linda LeTendre (AKA - Notorious RBG) and other troublemakers. Saturdays - Noon to 1:00 p.m.

Join our hardy band of allies - great vibes from supportive honking, with an occasional pair of loud pickups. Bring your signs, some also provided. Fine fellowship and friendly furballs.

On the next two pages you'll find information Pendell Hill.

Check out the latest notes including events on our website. There's LOTS happening in our community!



Give Away The Plate- for March

Saratoga Pride is a network of LGBTQ community members and allies dedicated to:

- Fostering connections among Saratoga area LGBTQ community members and visitors
- Enhancing the visibility of the LGBTQ community in Saratoga and the surrounding region
- Recognizing local businesses and organizations that welcome the LGBTQ community
- Increasing awareness of LGBTQ-owned and inclusive businesses and services in the region.

Wayside Pulpit

The Wayside Pulpit provides messages of inspiration for those who pass by our door. These quotations are chosen biweekly from the collective wisdom of the ages to reflect the diverse and life-affirming beliefs of our congregation.

You may noticed it hasn' t changed in a while. With the snow and weather, it's been difficult to post. We'll be back at it in the early spring.

[Click here for the archive](#)

Recent Sermons

Our website is up and running! If you're navigating to it, be sure it's the NEW website: <https://uusaratoga.org/> The past sermons are being uploaded. [Click here for them.](#)

Our Call to End and Reform Unjust Immigration Enforcement Practices and Laws

As people of faith who believe that the Divine dwells within every human being, we bear witness to the devastating injustices perpetrated by current immigration enforcement practices in the United States. These oppressive actions and the legal regime that supports them profoundly betray our most sacred spiritual truth: that every person is inherently endowed with dignity and worth.

Under the guise of lawful authority, our government is damaging communities, separating children from their parents, tearing the sacred bonds of family, and leaving wounds that scar the soul and psyche. Current immigration enforcement unjustly singles out communities for oppressive and traumatic action based on race, creed and national origin, stripping away basic rights and privileges without due process. Vulnerable souls are thus condemned to persecution, oppression, poverty and even death within and beyond their home countries, sometimes using foreign prisons that practice torture.

Such cruel enforcement practices intentionally sow fear and spread terror in our communities—a violation of both human dignity and fundamental rights. Moreover, these actions blatantly breach our nation's binding commitments under the International Covenant on Civil and Political Rights, the Convention Against Torture, and the Refugee Convention and its Protocol, all of which affirm our sacred duty to protect human dignity and uphold the right to asylum.

Illuminated by the divine Inner Light, our consciences declare that human laws draw their legitimacy only from higher, divine truths. When human statutes defy these eternal truths—when they spread wanton suffering, division and despair—they cease to command obedience. This foundational principle resonates deeply with the core ideals upon which our nation was founded: Certain rights, inalienable and sacred, flow directly from our Creator and are entrusted forever to the people, beyond the whims of government to grant or withhold.

History reveals that spiritually awakened communities possess the clear moral vision to challenge, defy and transform unjust laws and customs. From the abolition of slavery to the dismantling of segregation and apartheid, from the advancement of universal suffrage to ongoing struggles for racial, gender, LGBTQ+, reproductive and religious freedoms, and freedom of expression, courageous souls have stood firm, willingly enduring unjust earthly penalties to uphold divine justice. Our faith communities embrace this legacy of bold advocacy, remaining steadfastly committed to nonviolent resistance and reform in the service of divine truth.

Compelled by our commitment to radical hospitality and by our sacred calling to "welcome the stranger" and to love our neighbors as ourselves, we urge all spiritually guided communities and individuals to rise courageously alongside immigrants facing persecution. We demand swift legal reform and an immediate cessation of oppressive, unjust enforcement. Together, let us build a genuine beloved community where the human and civil rights of immigrants are fully honored, protected and upheld. In this endeavor, we affirm the divine presence within each person and embrace the eternal spiritual truth upon which our faith—and our shared humanity—depend.

We invite you to join us and other organizations in sharing this statement widely and making it your own.

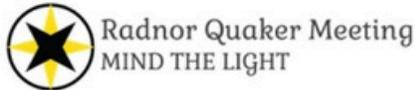


PENDLE HILL
A Quaker Study, Retreat, and Conference Center

Proudly Supported by



American
Friends
Service
Committee



Radnor Quaker Meeting
MIND THE LIGHT



FAIRFIELD
FRIENDS



west philadelphia
mennonite fellowship
working for the shalom of the city

Organizations

American Friends Service Committee (AFSC)
Friends Committee on National Legislation (FCNL)
Providence Friends Meeting
Radnor Friends Meeting
Fairfield Friends Meeting
Pima Friends Meeting
West Philadelphia Mennonite Fellowship

Individuals

Br. Francisco J. Burgos, Pendle Hill Executive Director
David Castro, Pendle Hill Board Clerk
Rabbi Aviva Marchioni, Congregation Beth Israel of Media
Rabbi Nathan Martin, Congregation Beth Israel of Media
Rev. Edward J. Hallinan, Pastor, St. John Chrysostom Catholic Church
Rev. Jill LaRoche Wikel, Rector, Saint John's Episcopal Church, Concord, Glen Mills
Dr. Sam Lemon, Providence Friends Meeting
Rabbi Kelilah Miller, Congregation Ohev Shlom
Rev. Andrew Jacob, Executive Director, Chester Eastside, Inc.
Rev. Jennifer Casey, Pastor, Holy Trinity Lutheran Church, Wallingford
Sister Theresa Marie Firenze OSF – Congregational Minister, Sisters of St. Francis of Philadelphia
William J. Oberfield, Md, Providence Friends Meeting
Joyce Ajlouny, General Secretary, American Friends Service Committee
Jim Nelson, Clerk, Kennett Friends Meeting
Phil Gulley
Randy Horton, Clerk, Fairfield Friends Meeting
Jeanne Marie Mudd, Watershed Ways

We invite you to join us and other organizations in
sharing this statement widely and making it your own.



PENDLE HILL
A Quaker Study, Retreat, and Conference Center

HOLD THE DATE

NO THRONES. NO CROWNS.

NO KINGS.

→ MARCH 28 ←

NOKINGS.ORG



SARATOGA SPRINGS, NY

DID YOU KNOW... ?

...There's a Black Lives UU?

...There's New York Unitarian Universalist Justice?

...There's A WEBSITE where you can learn ALL about Unitarian Universalism?

...There's A UU MAGAZINE? (Become a member and have it delivered right to your home for free!)

...There's A HISTORY THAT'S NOT JUST 65 years old but 600+ years old?

...That there's Several U.S. Presidents who were Unitarian, including John Adams, John Quincy Adams, Millard Fillmore, and William Howard Taft not to mention other notable figures such as Susan B. Anthony, Ralph Waldo Emerson, and Charles Darwin?

Check out UUA.org and learn about our past, present and future!



More Info About UUSaratoga



Joys & Sorrows

If you have a personal joy or sorrow in your personal life that you would like to make known to your fellow congregants, we encourage you to click on the link below to email the Care Team in a sentence or two what you would like us to read aloud during our Sunday worship. (Late entries may have to be included in the following week.) To share a Joy or Sorrow, please email the Care Team at careteam@uusaratoga.org.

Message from the Membership & Hospitality Team

In an effort to make visitors to UUSaratoga feel more welcome, the Membership & Hospitality Team asks everyone to be aware of newcomers and people you may not know who are sitting near you on Sunday morning or standing alone at coffee hour. Greet them warmly. Ask if they have any questions, thank them for coming, and tell them you hope to see them again.

Welcoming is a spiritual practice and a way of sharing the message of our UU faith.

To become a member of the Congregation

If you would like to sign the book and become a member, please let Audrey Belt (beltaudrey@gmail.com) know and she will bring the Membership Book to a UU service for you to sign. Qualifications for membership per the UUCSS Bylaws: Anyone 18 years and older can sign the book. Signing the book indicates that you subscribe to the purposes of the Congregation and agree to participate in and support the Congregation's programs and activities, and to support the Congregation with an annual recorded financial contribution.

Have an announcement?

Email, text or call Juliana at the office (uusaratoga@gmail.com 518-584-1555) for information to be shared at the beginning of Sunday service. The deadline for receiving your info is NOON THURSDAYS.

TO SIGN UP FOR OUR WEEKLY NEWSLETTER, JOURNEY WELL ,
PLEASE USE THE FORM ON THE HOME PAGE OF OUR WEBSITE
(lower right)

TO ATTEND SUNDAY SERVICES ONLINE [CLICK HERE](#)



UU Saratoga is inviting you to a scheduled Zoom meeting.

Topic: Sunday Worship Service

Time: Jan 18, 2026 09:00 AM Eastern Time (US and Canada)

Every week on Sun, 97 occurrence(s)

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://zoom.us/meeting/tJUqd-2oqT8pGtHjyaUOgbxn-OWjUhjLJDe6/ics?](https://zoom.us/meeting/tJUqd-2oqT8pGtHjyaUOgbxn-OWjUhjLJDe6/ics?icsToken=DBdev8vVBsVA0W_jqQAALAAAAltzmYoqaBqVPaawQWQoh155Q1I7vTjKuyWZ2ivW4-zxPheUIS2jR2E-SOtWFSiq4EZVDHkd9irFYBSyjAwMDAwMQ&meetingMasterEventId=diZJjVFCTnehBvgXNKKi8w)

[icsToken=DBdev8vVBsVA0W_jqQAALAAAAltzmYoqaBqVPaawQWQoh155Q1I7vTjKuyWZ2ivW4-zxPheUIS2jR2E-](https://zoom.us/meeting/tJUqd-2oqT8pGtHjyaUOgbxn-OWjUhjLJDe6/ics?icsToken=DBdev8vVBsVA0W_jqQAALAAAAltzmYoqaBqVPaawQWQoh155Q1I7vTjKuyWZ2ivW4-zxPheUIS2jR2E-SOtWFSiq4EZVDHkd9irFYBSyjAwMDAwMQ&meetingMasterEventId=diZJjVFCTnehBvgXNKKi8w)

[SOTWFSiq4EZVDHkd9irFYBSyjAwMDAwMQ&meetingMasterEventId=diZJjVFCTnehBvgXNKKi8w](https://zoom.us/meeting/tJUqd-2oqT8pGtHjyaUOgbxn-OWjUhjLJDe6/ics?icsToken=DBdev8vVBsVA0W_jqQAALAAAAltzmYoqaBqVPaawQWQoh155Q1I7vTjKuyWZ2ivW4-zxPheUIS2jR2E-SOtWFSiq4EZVDHkd9irFYBSyjAwMDAwMQ&meetingMasterEventId=diZJjVFCTnehBvgXNKKi8w)

Join Zoom Meeting

<https://zoom.us/j/91704074305?pwd=7z4cyYIVOU3JfPLRS2gCoP1o0Tzqc8.1>

Meeting ID: 917 0407 4305

Passcode: 466653

One tap mobile

+16469313860,,91704074305# US

+16465588656,,91704074305# US (New York)

Join instructions

[https://zoom.us/meetings/91704074305/invitations?](https://zoom.us/meetings/91704074305/invitations?signature=h3xW8E9j3MqYWaCbgOYu-Pncax8SM3Up54Bkp1pvIVU)

[signature=h3xW8E9j3MqYWaCbgOYu-Pncax8SM3Up54Bkp1pvIVU](https://zoom.us/meetings/91704074305/invitations?signature=h3xW8E9j3MqYWaCbgOYu-Pncax8SM3Up54Bkp1pvIVU)

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