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# Journey Well

UUSARATOGA

April 17 2026



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In this newsletter  
you can expect:

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Upcoming  
Sunday Services

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What's  
Happening in RE

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Upcoming  
Events and  
meetings

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Social Justice  
Team News

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Committees and  
Teams News  
Updates

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## Progress Regarding New Home this Week

**1. Congregation members have been exploring temporary space where Services will be held after the final sale of the building at 624 Broadway. The Senior Citizen Center, The Art Center, Caffe Lena, ATC Corporate offices, and the Convention Center are under consideration. More to come when we have financial details, and space availability.**

**2. We have received a grant from NYSUU for assistive hearing devices. The grant was written by Murray Penny and we will try the devices out at 624 Broadway and later use the devices in our new home.**

**3. We have gotten approval from the Board and Finance Committee to purchase timber framing for the new sanctuary which needs to be custom made and takes time to manufacture. We will order soon.**

**4. We are moving forward regarding seeking grants and donations from local entities. This revenue will help us meet the costs of the new home. Pledges for Capital Campaign continue to be collected from Congregants.**

**5 Our next Coffee Chat will be held after Services on April 26, 2026. Hope to see you there!**

**Let me know if you have any ways you think you can help.**

THE THEME FOR APRIL IS:  
EMBRACING POSSIBILITY



Art



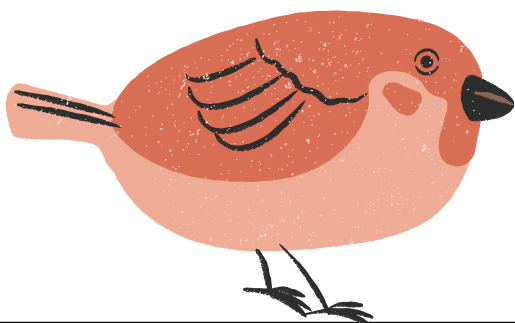
## SHARED WORSHIP SERVICE

April 19, 2026

The Hudson-Mohawk cluster will hold its shared worship service on April 19th at Schenectady UU .

Want to attend virtually?  
The worship link is <http://bit.ly/uuschenectadyworship> The service will be at 10:30am.

Remember, there will be NO IN PERSON OR ZOOM service at 624 N. Broadway on April 19th.



This Sunday at UU Schenectady we will offer a variety of engaging, connective activities for all kids K-6th grade, starting in the classroom next to the nursery at 10:30. Middle school and high school youth are encouraged to attend worship, or help out with the K-6th grade activities. There will be a Time for All Ages towards the end of the service, and children will return to the service and meet their families there. The nursery will be open for children 5 and under. Children are also welcome to stay with family during the service. After the service and the potluck social hour, there will be a showing of the movie Mr. Magorium's Wonder Emporium in the Emerson Room with popcorn and beverages while the workshop is being offered. We are excited for time with children and families from the other UU congregations in our cluster!

There is no in person or zoom services or RE this Sunday so please attend the cluster service!



Hudson Mohawk area Unitarian Universalist congregations annual joint worship service  
Unitarian Universalists of Albany, Catskills, Glens Falls, Saratoga Springs & Schenectady



**Sunday April 19**

**at 10:30 am**

1221 Wendell Ave, 12308  
UU Society of Schenectady  
Zoom info at [uuschenectady.org](http://uuschenectady.org)

Activities provided for  
kids 5 -12, and childcare  
for younger kids.

Finger-food potluck  
after worship.

A movie will be offered  
for kids to watch during  
the workshop.

**WORSHIP 10:30 am**

## Reckoning with Resilience

Julian of Norwich famously said “All manner of things will be well.” But how is that possible when there is so much oppression, suffering, and violence?

In this age of encroaching fascism, we must build practices of resilience & joy amidst grief, anger, & despair. Come sing, pray, play, & reckon together! Music from our joint choir.

**WORKSHOP 12:15 pm**

## Undermining Pillars of Support:

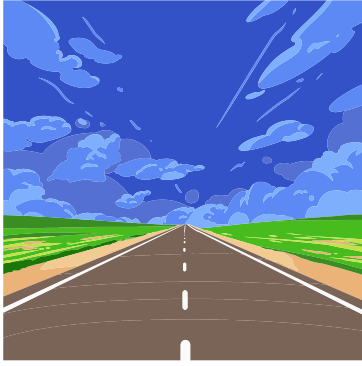
### 4th Amendment Wedge Strategy

How do we prevent an authoritarian administration from becoming full-on fascism? Today we'll:  
review ways to undermine Pillars of Support and practice strategic non-cooperation  
explore how UUs can help grow networks of 4th Amendment Workplaces to help employers and workers understand their rights if ICE arrives  
provide training and materials to recruit local businesses in this work and build relationships within your congregation and community.

## Our Guest Minister & Workshop Leader

Rev. Cathy Rion Starr, they/them, is a Leadership Development Specialist at Side With Love, the UUA's national organizing department. Cathy runs SWL's monthly *Gathering* and recently supported UUs nationwide in the successful *Stop Avelo* campaign, co-leading the Delaware Coalition. They also love singing, dark chocolate, board games, gardening, and being silly.





## Wayside Pulpit

The Wayside Pulpit provides messages of inspiration for those who pass by our door. These quotations are chosen biweekly from the collective wisdom of the ages to reflect the diverse and life-affirming beliefs of our congregation.

[Click here for the archive](#)

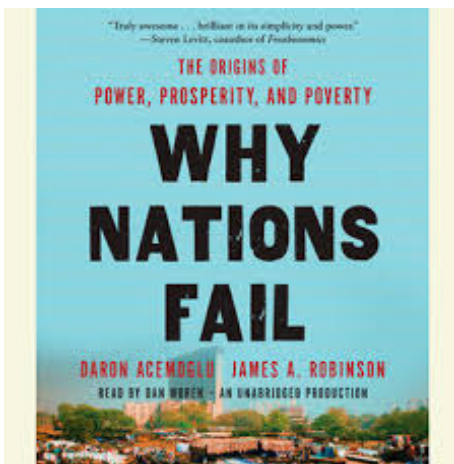
Unitarian Universalist Congregation  
of Saratoga Springs

518-584-1555 • uusatoga.org



**It is spring again.  
The earth is like a  
child that knows  
poems by heart.**

—Rainer Maria Rilke



## BOOK GROUP

April's selection is "Why Nations Fail" by D. Acemoglu & James Robinson. The next meeting is on Monday April 20, 2026 at 6pm. All book lovers are welcome. For information, please contact Barbara Egerman at [begerman3@gmail.com](mailto:begerman3@gmail.com), or Carolyn Lansberry at [carlan55@gmail.com](mailto:carlan55@gmail.com).

## Event News

[Click here for the Events Calendar](#)

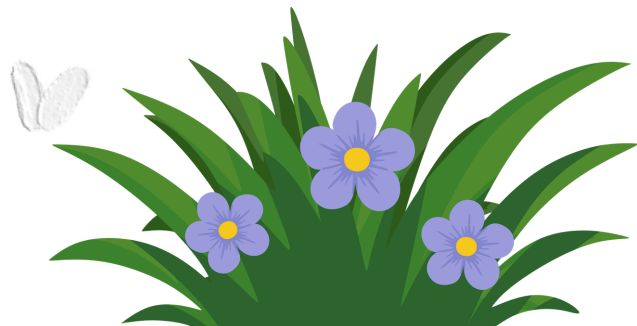
**April 18, 2026 Saturday  
6:30pm Trivia Night**

**April 19, 2026 Sunday  
CLUSTER SERVICE AT UUSchenectady (see flyer above- no in person or zoom from 624 N. Broadway)**

**April 20, 2026 Monday  
6pm UUCSS Book Group  
King Room**

**April 21, 2026 Tuesday  
7pm Social Justice Team meeting  
Sanctuary and Zoom**

**April 26, 2026 Sunday  
10am Worship Service with RE (In-Person & Online)**

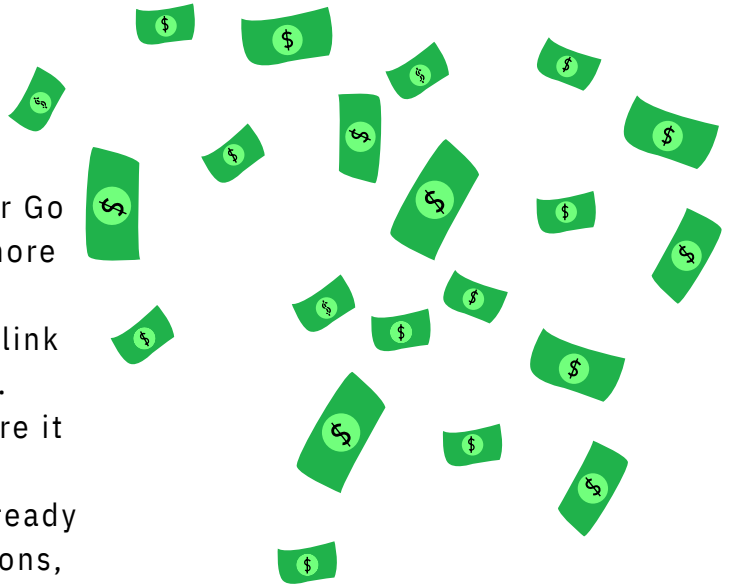


## SHARE ME!!!

<https://gofund.me/15b1f07ad>

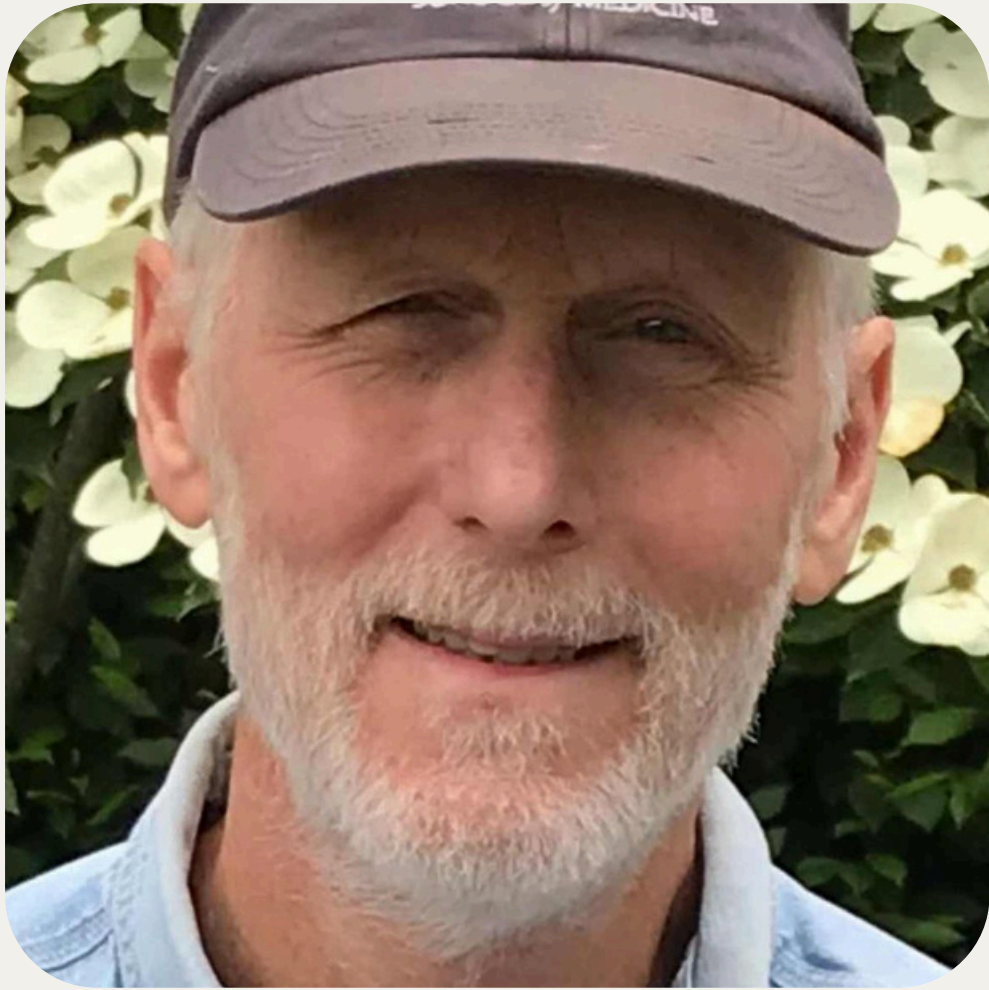
All it takes is a couple of clicks to send our Go Fund Me Link to everyone you know! The more it's shared the more donations we'll have toward our new home. Copy and paste the link in an email or text and share, share, share. Encourage those you send it to to also share it with everyone they know.

UPDATE: \$3,995 of the initial \$8,000 is already in our bank accounts! TWENTY ONE donations, as little as \$25 and as high as \$1000!



### **Words & Music From the Heart**

Jeannine Laverty has been telling international folk tales since the 1970s, and that's as long as Dan Berggren has been singing folk songs of the Adirondacks. These good friends met in the '80s and like to share a stage from time to time. On Sunday April 19th at 2 PM, Dan and Jeannine bring their passion to the Caffe Lena stage, exploring territory near and far.



*Celebrating the life of*  
**HAL BIGELOW**

PLEASE JOIN US FOR HAL'S MEMORIAL  
UNITARIAN UNIVERSALIST CONGREGATION OF  
SARATOGA SPRINGS MEETINGHOUSE  
624 N. BROADWAY, SARATOGA SPRINGS NY 12866

Saturday, 2<sup>nd</sup> of May 3:00pm

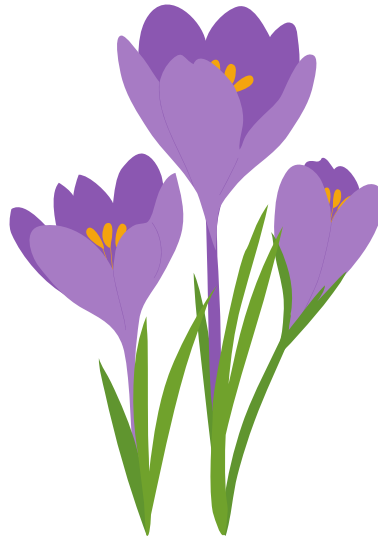


## Social Justice Team

Please check our UUSaratoga website for more info.

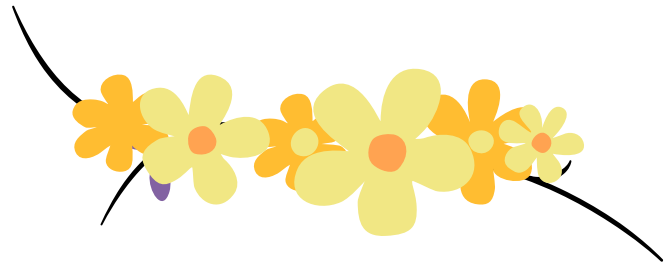
Check out the latest notes including events on our website. There's LOTS happening in our community!

Below: our Albany UU friends!



## Recent Sermons

Did you miss a service? Or was there a sermon you particularly liked? Click here for them.



## Give Away The Plate-for April: Saratoga Immigration Coalition



Saratoga Immigration Coalition, an organization which offers support, education and advocacy to foster communities that are welcoming to all immigrants. It is a volunteer network partnering with service providers, faith communities, civic organizations and concerned individuals to support immigrants residing in Saratoga, Warren and Washington counties.

Please remember that the first plate collection of the month is donated. Any other donations to the monthly GATP should be designated as such.

**Unitarian Universalist Society of Schenectady turns 125 this year!**

**Join us for the 1st...**



# **MayFest**

**2026**

*CommUnity Celebration*

**MUSIC. FOOD. VENDORS. KIDS ZONE.**

**May 2, 2026**

**1-4:30pm**

**1221 Wendell Ave Sch'dy**



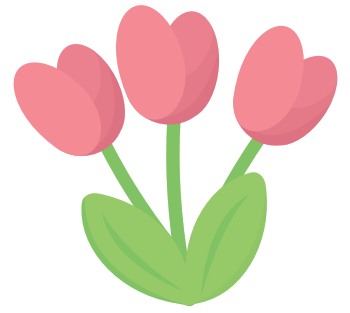
**Want to be a Vendor,  
a Sponsor, or a Volunteer?  
Scan the QR Code for more info.**

**Rain date May 3**





# More Info About UUSaratoga



## **Joys & Sorrows**

If you have a personal joy or sorrow in your personal life that you would like to make known to your fellow congregants, we encourage you to click on the link below to email the Care Team in a sentence or two what you would like us to read aloud during our Sunday worship. (Late entries may have to be included in the following week.) To share a Joy or Sorrow, please email the Care Team at [careteam@uusaratoga.org](mailto:careteam@uusaratoga.org).

## **Message from the Membership & Hospitality Team**

In an effort to make visitors to UUSaratoga feel more welcome, the Membership & Hospitality Team asks everyone to be aware of newcomers and people you may not know who are sitting near you on Sunday morning or standing alone at coffee hour. Greet them warmly. Ask if they have any questions, thank them for coming, and tell them you hope to see them again. Welcoming is a spiritual practice and a way of sharing the message of our UU faith.

## **To become a member of the Congregation**

If you would like to sign the book and become a member, please let Audrey Belt ([beltaudrey@gmail.com](mailto:beltaudrey@gmail.com)) know and she will bring the Membership Book to a UU service for you to sign. Qualifications for membership per the UUCSS Bylaws: Anyone 18 years and older can sign the book. Signing the book indicates that you subscribe to the purposes of the Congregation and agree to participate in and support the Congregation's programs and activities, and to support the Congregation with an annual recorded financial contribution.

## **Have an announcement?**

Email, text or call Juliana at the office ([uusaratoga@gmail.com](mailto:uusaratoga@gmail.com) 518-584-1555) for information to be shared at the beginning of Sunday service. The deadline for receiving your info is NOON THURSDAYS.

TO SIGN UP FOR *JOURNEY WELL*, OUR WEEKLY NEWSLETTER, PLEASE USE THE FORM ON THE HOME PAGE OF OUR WEBSITE (lower right)

TO ATTEND SUNDAY SERVICES ONLINE, [CLICK HERE](#)

# Sunday



UU Saratoga is inviting you to a scheduled Zoom meeting.

Topic: Sunday Worship Service

Time: Jan 18, 2026 9:00 AM Eastern Time (US and Canada)

Every week on Sun



Join Zoom Meeting

<https://zoom.us/j/91704074305?pwd=7z4cyYIVOU3JfPLRS2gCoP1o0Tzqc8.1>

Meeting ID: 917 0407 4305

Passcode: 466653

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One tap mobile

+16469313860,,91704074305# US

+16465588656,,91704074305# US (New York)

Join instructions

<https://zoom.us/join/91704074305/invitations?signature=h3xW8E9j3MqYWaCbgOYu-Pncax8SM3Up54Bkp1pvIVU> (copy and paste into your browser)

OFFICE HOURS Tues-Fri 9am-3pm May close early Fridays	518-584-1555 uusaratoga.org
Meetinghouse 624 N. Broadway, Saratoga Springs NY 12866	Mailing Address PO Box 26, Schuylerville NY 12871