

Journey Well Newsletter

UUSARATOGA

July 2, 2026



In this newsletter
you can expect:

Upcoming
Sunday Services

What's
Happening in RE

Upcoming
Events and
meetings

Nw Home
updates

Committees and
Teams News
Updates

WEEKLY REPORT FROM NHTF

1. LAST SUNDAY, THE TASK FORCE PRESENTED INFORMATION ON THE STATUS OF THE NEW HOME TO THE CONGREGATION. WE COVERED FINANCIAL, BUILDING SALE UPDATE, AND FUND RAISING STILL NEEDED.

2. WILSON CHAPEL AT SKIDMORE IS RECOMMENDED AS OUR TEMPORARY LOCATION FOR OUR SERVICES FROM SEPTEMBER TO JUNE, 2027.

3. WE EXPECT OUR BUILDING PERMIT TO BE APPROVED BY JULY 8, 2026. IT'S WITH THE CITY PLANNERS.

THE MONTHLY THEMES WILL
RESUME IN SEPTEMBER!



This Sunday's Service

HONORING FREEDOM

Sunday July 5, 2026 10:00am
with Melissa O'Brien

What's Happening in RE



Unitarian Universalist Congregation
of Saratoga Springs

518-584-1555 • uusaratoga.org



**What will survive
of us is love.**

—Philip Larkin



Wayside Pulpit

The Wayside Pulpit provides messages of inspiration for those who pass by our door. These quotations are chosen biweekly from the collective wisdom of the ages to reflect the diverse and life-affirming beliefs of our congregation.

[Click here for the archive](#)

FUNDRAISING TEAM NEWS

Taking a break for the summer!



Event News

[Click here for the Events Calendar](#)

Sunday July 5, 2026

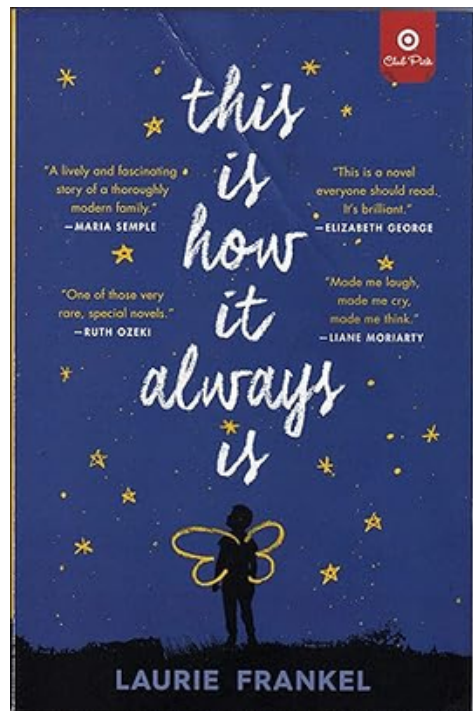
10am Worship Service (In-Person & Online)

Tuesday July 7, 2026

**12pm UUCSS Ladies Luncheon
Off site**

Sunday July 12, 2026

10am Worship Service (in person and online)

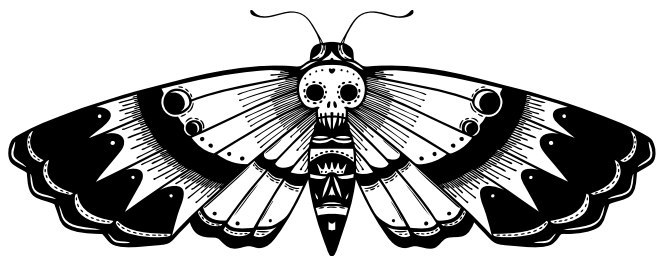


BOOK GROUP

The next selection is "This Is How It Always Is" by Laurie Frankel. The next meeting is on Monday July 20, at 6pm.

All book lovers are welcome. For information, please contact Barbara Egerman at begerman3@gmail.com, or Carolyn Lansberry at carlan55@gmail.com.

Happy
INDEPENDENCE
Day!



An End of Life group meeting was held Sunday June 7th after service.

29 people attended! Many items were discussed including MOLST forms and writing your own obituary. Attendees wanted another meeting and many will be doing the "homework" of getting one thing done. Next meeting is scheduled for July 19 after service.





Social Justice Team

Please check our
UUSaratoga website for
more info.

Check out the latest notes including events on our website. There's LOTS happening in our community!



Have You Thought About How To Donate Securities to UU Saratoga?? It's easy!

Transferring appreciated securities with long-term capital gains directly to UUCSS is a tax-efficient way to give. When you donate securities directly, you may avoid paying capital gains tax and may also qualify for a federal income tax deduction based on the full fair market value of the donated assets. For more information and instructions on donating securities, including stocks and mutual funds, please email Diane Allegro at diane.allegro@outlook.com.



Give Away The Plate-for June is BEST: Backstretch Employees Service Team

Devoted to meeting the health and social welfare needs of several thousand backstretch workers of the Aqueduct, Belmont, and Saratoga racetracks by providing on-site counseling and primary healthcare services, access to health insurance and case management assistance.

Recent Sermons

Did you miss a service? Or was there a sermon you particularly liked? [Click here for them.](#)

SHARE ME!!!

<https://gofund.me/15b1f07ad>

All it takes is a couple of clicks to send our Go Fund Me Link to everyone you know! The more it's shared the more donations we'll have toward our new home. Copy and paste the link in an email or text and share, share, share. Encourage those you send it to to also share it with everyone they know.





10 Smart Ways to Give—Without Writing a Check



Creative giving strategies that can strengthen
UUCSS's mission, ministries, and legacy beyond a cash donation.

1



Appreciated Investments

Donate long-term stocks, ETFs, or mutual funds to UUCSS instead of cash.

2



IRA QCDs (Age 70½+)

Send money directly from your IRA to UUCSS. This can help satisfy required distributions while supporting our work.

3



Donor-Advised Fund

Contribute appreciated assets to your DAF and recommend grants to UUCSS over time.

4



Beneficiary Designations

Name UUCSS as a beneficiary of your IRA, brokerage account, life insurance, or bank account.

5



Bequests in a Will or Trust

Leave a percentage, fixed amount, or the remainder of your estate to UUCSS. Your legacy can inspire generations to come.

6



Life Insurance Gifts

Name UUCSS as beneficiary of a policy, or in some cases, donate the policy itself to support our future.

7



Real Estate Gifts

Donate property—such as a home, vacation property, or land—to UUCSS to make a lasting impact.

8



Charitable Gift Annuity

Make a gift that provides you with fixed lifetime payments, with the remainder supporting UUCSS.

9



Charitable Trusts (CRT/CLT)

Use planned-giving trusts to balance income, taxes, and your charitable goals while supporting UUCSS.

10



In-Kind Gifts

Donate vehicles, equipment, art, or other assets UUCSS can use or sell to advance our mission.

Your generosity today helps build a more loving, just, and inclusive world—through the mission and ministries of UUCSS.

Source: Adapted for UUCSS from Kathleen Rehl's article "10 Ways to Give—Without Writing a Check" on HumbleDollar.com.



Questions? Contact
KathleenRehl@gmail.com

More Info About UUSaratoga



Joys & Sorrows

If you have a personal joy or sorrow in your personal life that you would like to make known to your fellow congregants, we encourage you to click on the link below to email the Care Team in a sentence or two what you would like us to read aloud during our Sunday worship. (Late entries may have to be included in the following week.) To share a Joy or Sorrow, please email the Care Team at careteam@uusaratoga.org.

Message from the Membership & Hospitality Team

In an effort to make visitors to UUSaratoga feel more welcome, the Membership & Hospitality Team asks everyone to be aware of newcomers and people you may not know who are sitting near you on Sunday morning or standing alone at coffee hour. Greet them warmly. Ask if they have any questions, thank them for coming, and tell them you hope to see them again.

Welcoming is a spiritual practice and a way of sharing the message of our UU faith.

To become a member of the Congregation

If you would like to sign the book and become a member, please let Audrey Belt (beltaudrey@gmail.com) know and she will bring the Membership Book to a UU service for you to sign. Qualifications for membership per the UUCSS Bylaws: Anyone 18 years and older can sign the book. Signing the book indicates that you subscribe to the purposes of the Congregation and agree to participate in and support the Congregation's programs and activities, and to support the Congregation with an annual recorded financial contribution.

Have an announcement?

Email, text or call Juliana at the office (uusaratoga@gmail.com 518-584-1555) for information to be shared at the beginning of Sunday service. The deadline for receiving your info is NOON THURSDAYS.

TO SIGN UP FOR *JOURNEY WELL*, OUR WEEKLY NEWSLETTER, PLEASE USE THE FORM ON THE HOME PAGE OF OUR WEBSITE (lower right)

TO ATTEND SUNDAY SERVICES ONLINE, [CLICK HERE](#)

Celebrating Freedom

★ 4TH OF JULY ★

Sunday



UU Saratoga is inviting you to a scheduled Zoom meeting.

Topic: Sunday Worship Service

Time: 10:00am

Every week on Sun

Join Zoom Meeting

<https://zoom.us/j/91704074305?pwd=7z4cyYIVOU3JfPLRS2gCoP1o0Tzqc8.1>

Meeting ID: 917 0407 4305

Passcode: 466653

One tap mobile

+16469313860,,91704074305# US

+16465588656,,91704074305# US (New York)

Join instructions

<https://zoom.us/meetings/91704074305/invitations?signature=h3xW8E9j3MqYWaCbgOYu-Pncax8SM3Up54Bkp1pvIVU> (copy and paste into your browser)

OFFICE HOURS Tues-Fri 9am-3pm We close early Fridays (around noon)	518-584-1555 uusaratoga.org
Meetinghouse 624 N. Broadway, Saratoga Springs NY 12866	Mailing Address PO Box 26, Schuylerville NY 12871