



UNITARIAN UNIVERSALIST CONGREGATION OF SARATOGA SPRINGS

Journey Well Newsletter

August 7, 2026



LAST SUNDAY REV. VIOLA ABBITT VISITED SERVICE AND THIS WEEK SHE'S BEEN IN THE OFFICE LEARNING ABOUT YOU!

HER CONTACT INFORMATION INCLUDING HER CALENDLY LINK TO MAKE APPOINTMENTS WILL BE ON ONE OF THE LAST COUPLE OF PAGES IN JOURNEY WELL. FOR THIS WEEK, HERE'S THE INFO YOU NEED TO KNOW:

REV. VIOLA ABBITT
MAILING ADDRESS: P O BOX 2304, MALTA NY 12020
PHONE: 518-290-7007
EMAILS: REV.VIOLA.UUMIN@GMAIL.COM OR
MINISTER@UUSARATOGA.ORG

CALENDLY LINK: [HTTPS://TINYURL.COM/SS-MTG-W-REVVEE](https://tinyurl.com/ss-mtg-w-revvee)

WEDNESDAYS AND THURSDAYS REV VIOLA WILL BE AVAILABLE FOR APPOINTMENTS, AND FRIDAYS FOR PHONE AND VIRTUAL MEETINGS.

WELCOME REV VIOLA AND WE'RE SO GLAD YOU'RE HERE!

**PLEASE REMEMBER OUR MAILING ADDRESS IS PO BOX 26,
SCHUYLERVILLE NY 12871.**

**IF YOU HAVEN'T NOTIFIED YOUR BANKS FOR YOUR AUTOMATIC PAYMENTS
PLEASE DO SO ASAP! OUR MAIL FORWARDING IS ENDING SOON!**

In this newsletter
you can expect:

Upcoming
Sunday Services

What's
Happening in RE

Upcoming
Events and
meetings

Nw Home
updates

Committees and
Teams News
Updates

**THE MONTHLY THEMES WILL
RESUME IN SEPTEMBER!**

**Give Away The Plate-
for August is to our
Minister's
Discretionary Fund.**

Provides funds which
our minister can use to
help congregants in
need of emergency
help with rent, food,
utilities or other
financial crises.

This Sunday's Service

Atheism, Humanism and Morality with Mike Goodwin

Sunday, August 9, 2026 10am

My service is titled "Atheism, Humanism and Morality". It answers the question for me "Does morality depend on direction from a supreme being, or are there other sources of motivation to do the right thing?" This essay traces my journey through the process of establishing my reasons for acting.

Mike Goodwin. Current treasurer of the UUCGF and former treasurer of the UUCSS. Former High School mathematics teacher and teacher's union officer, stock broker, and newspaper district circulation manager. Resettled from Long Island upon retirement in 2018. Married to Jackie with one grown child Julian.



What's Happening in RE

**OFF FOR THE SUMMER!
WE'RE WORKING ON
WHAT RE WILL LOOK LIKE
COME SEPTEMBER!**

THE BACK OF THE
ORDER OF SERVICE HAS
A SPECIAL TREAT FOR
THE KIDS THIS WEEK!
SEE YOU SUNDAY!



Recent Sermons

Did you miss a service? Or was there a sermon you particularly liked? [Click here for them.](#)

[Many of our services have been uploaded to our YouTube Channel.](#)

[CLICK HERE FOR REV VIOLA'S
REVERIES ON OUR WEBSITE](#)

Wayside Pulpit

The Wayside Pulpit provides messages of inspiration for those who pass by our door. These quotations are chosen biweekly from the collective wisdom of the ages to reflect the diverse and life-affirming beliefs of our congregation.

[Click here for the archive](#)



Event News

[Click here for the Events Calendar](#)

Sunday August 9, 2026

10amWorship Service (In-Person & Online)

Wednesday, August 12, 2026

10amNew Home Task Force meeting

6:30pmBoard of trustees meeting

Sunday August 16, 2026

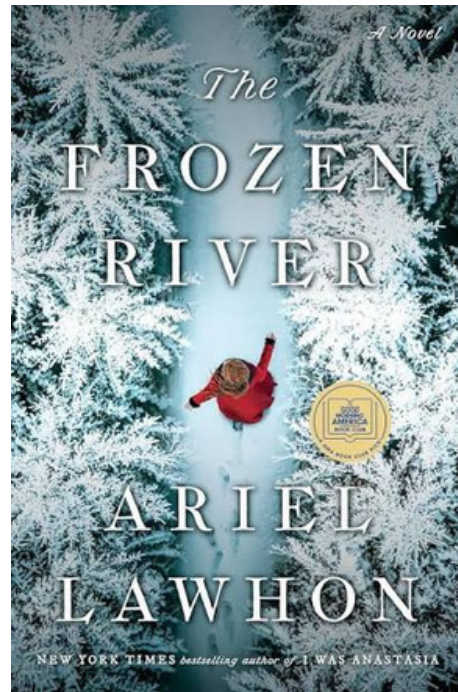
10amWorship Service (In-Person & Online)

Monday August 17, 2026

6pmUUCSS Book Group
King Room



BOOK GROUP



The next selection is *The Frozen River* by Ariel Lawson.

The next meeting is on Monday August 17th, at 6pm.

All book lovers are welcome. For information, please contact Barbara Eggerman at begerman3@gmail.com, or Carolyn Lansberry at carlan55@gmail.com.



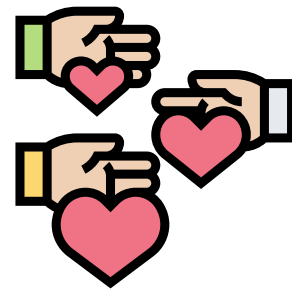
MAID IS NOW, AS OF WEDNESDAY AUGUST 5, 2026, AN OPTION IN NEW YORK STATE!!!
A BIG THANK YOU TO THE MANY MEMBERS IN OUR COMMUNITY WHO HAVE WORKED HARD TO GET THIS DONE.



NEW HOME TASK FORCE UPDATE

1. CLOSING DATE FOR THE SALE OF 624 IS NOW OCTOBER 31, 2026
2. WE LEARNED FROM THE CITY BUILDING INSPECTION DEPARTMENT THAT WE NEED TO COMPLETE THE DECK AND DOWNSTAIRS CLASSROOMS BEFORE BEING GRANTED THE OCCUPANCY PERMIT. THIS REQUIREMENT INCREASED THE OVERALL COST OF THE BUILD BY \$200,000.
3. WE HAVE COME TO AGREEMENT WITH BAST HATFIELD ON THE CONTRACT TO BUILD AND DEVELOP THE SITE. JIM COX, OUR ATTORNEY REVIEWED THE ORIGINAL CONTRACT. THE WORK IS SCHEDULED TO START ON AUGUST 10, 2026. JIM COX RECOMMENDED A CONTINGENCY CLAUSE BE DEVELOPED IN THE EVENT THE BUYER DOESN'T CLOSE IN OCTOBER. THIS HAS BEEN INCLUDED IN THE CONTRACT.

FUNDRAISING TEAM NEWS:
Stay tuned! We're getting ready!
We will begin shortly to plan a
trivia night and a music night
for a time before we leave our
church.



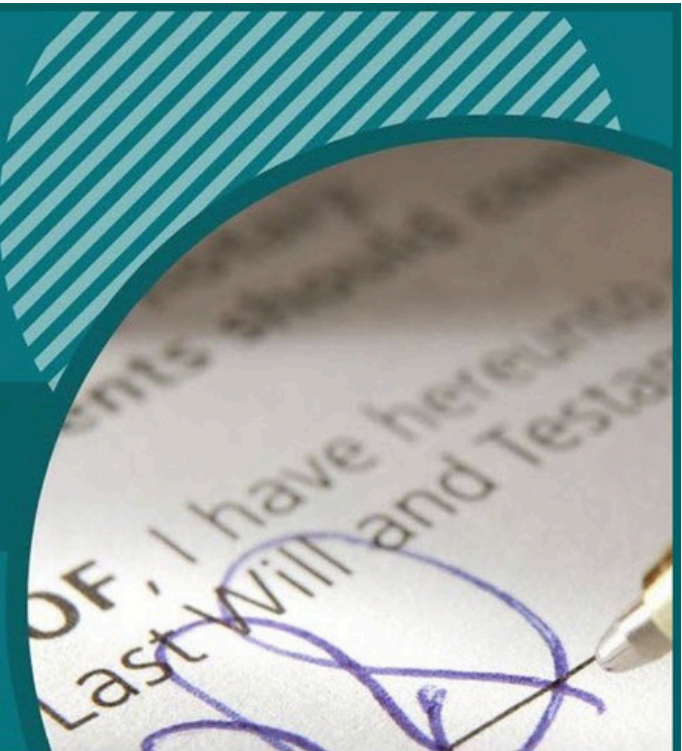
Social Justice Team news and
events- Please check our
UUSaratoga website for more info.

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AUGUST IS NATIONAL

"Make a Will"

MONTH



Remember people and causes you care about . . .
including the UUCSS Endowment.

Make an impact that extends beyond your lifetime!



Have You Thought About
How To Donate Securities
to UU Saratoga?? It's easy!

Transferring appreciated securities with long-term capital gains directly to UUCSS is a tax-efficient way to give. When you donate securities directly, you may avoid paying capital gains tax and may also qualify for a federal income tax deduction based on the full fair market value of the donated assets. For more information and instructions on donating securities, including stocks and mutual funds, please email uusaratoga@gmail.com

SHARE ME!!!

<https://gofund.me/15b1f07ad>

All it takes is a couple of clicks to send our Go Fund Me Link to everyone you know! The more it's shared the more donations we'll have toward our new home. Copy and paste the link in an email or text and share, share, share. Encourage those you send it to to also share it with everyone they know.

More Info About UUSaratoga



Joys & Sorrows

If you have a personal joy or sorrow in your personal life that you would like to make known to your fellow congregants, we encourage you to click on the link below to email the Care Team in a sentence or two what you would like us to read aloud during our Sunday worship. (Late entries may have to be included in the following week.) To share a Joy or Sorrow, please email the Care Team at careteam@uusaratoga.org.

Message from the Membership & Hospitality Team

In an effort to make visitors to UUSaratoga feel more welcome, the Membership & Hospitality Team asks everyone to be aware of newcomers and people you may not know who are sitting near you on Sunday morning or standing alone at coffee hour. Greet them warmly. Ask if they have any questions, thank them for coming, and tell them you hope to see them again.

Welcoming is a spiritual practice and a way of sharing the message of our UU faith.

To become a member of the Congregation

If you would like to sign the book and become a member, please let Audrey Belt (beltaudrey@gmail.com) know and she will bring the Membership Book to a UU service for you to sign. Qualifications for membership per the UUCSS Bylaws: Anyone 18 years and older can sign the book. Signing the book indicates that you subscribe to the purposes of the Congregation and agree to participate in and support the Congregation's programs and activities, and to support the Congregation with an annual recorded financial contribution.

TO SIGN UP FOR *JOURNEY WELL*, OUR WEEKLY NEWSLETTER, PLEASE USE THE FORM ON THE HOME PAGE OF OUR WEBSITE (lower right)

TO ATTEND SUNDAY SERVICES ONLINE, [CLICK HERE](#)

TO VIEW PAST SERVICES ON OUR YOUTUBE CHANNEL [CLICK HERE](#)



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Sunday



UU Saratoga is inviting you to a scheduled Zoom meeting.

Topic: Sunday Worship Service

Time: 10:00am

Every week on Sun

Join Zoom Meeting

<https://zoom.us/j/91704074305?pwd=7z4cyYIVOU3JfPLRS2gCoP1o0Tzqc8.1>

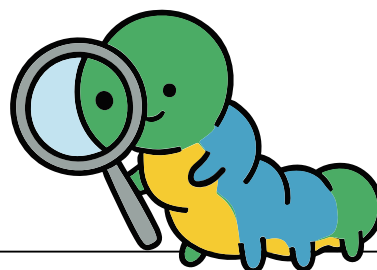
Meeting ID: 917 0407 4305

Passcode: 466653

One tap mobile

+16469313860,,91704074305# US

+16465588656,,91704074305# US (New York)



OFFICE HOURS Tues-Fri 9am-3pm We close early Fridays (around noon)	518-584-1555 uusaratoga.org
Meetinghouse 624 N. Broadway, Saratoga Springs NY 12866	Mailing Address PO Box 26, Schuylerville NY 12871